



# Courage

## My Personal PODs • points of decision

1. When have you seen courage demonstrated?
2. What were your reactions and feelings to that experience?
3. When have you acted with courage?
4. What were the results of your acting courageously...for you personally?
5. What motivated you to be courageous?
6. How important would you rank the compass point of courage for you and your life?  
On a scale of 1-10 (1 being lowest to 10 being highest • circle one)  
  
1      2      3      4      5      6      7      8      9      10
7. How would you be a better person if courage was a regular compass point in your life, and in the lives of others?

### FINAL TAKEAWAY

8. List three things you see as important for your life from this Edusode.
9. What is your plan to practice being courageous? Practice builds courage!