



TM

EDUSODE 4

Humility

My Personal PODs • points of decision

Discuss the following with your group and/or battle buddy:

1. Do you agree, or disagree with C. S. Lewis when he said:

“Humility is not thinking less of yourself, but thinking of yourself less.”

- Unpack your position and share your thoughts.

2. Author Brene Brown says humble people have an attitude of,

“I’m here to get it right, not to be right.”

What are your thoughts on the differences between getting it right and being right?

3. On a scale of 1 (getting it right) to 10 (being right) where would you rate yourself?

1 2 3 4 5 6 7 8 9 10

4. If you wanted to move the needle, which way would you move it?

5. What will you practice to do that? How can your battle buddy help?

6. List the initials (NOT names!) of three people you know who are:

- a. Truly humble, giving people
- b. Truly self-centered, arrogant people

7. Without using names, share how these people have impressed you and what you have learned from interacting or observing them. Which would you consider a hero? Why?

8. How can you practice the value of humility tomorrow?

- Next week?
- Share your plans with your battle buddy.